

**A Calmness Within**  
Oncology Massage Supplemental Intake

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Physician: \_\_\_\_\_ DOB: \_\_\_\_\_  
Email: \_\_\_\_\_ Phone: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Mobile: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_  
Type of Cancer: \_\_\_\_\_  
Date of diagnosis: \_\_\_\_\_ Status of cancer: \_\_\_\_\_  
Have you received massage before today? \_\_\_\_\_  
Since-cancer diagnosis? \_\_\_\_\_

**Type of Treatment Received**  
(please give date and location on body)

Surgery/s: \_\_\_\_\_  
\_\_\_\_\_  
Radiation: Location of entry and exit sites? \_\_\_\_\_  
\_\_\_\_\_  
Chemotherapy: \_\_\_\_\_  
\_\_\_\_\_  
Have you had any lymph nodes removed? Where? \_\_\_\_\_  
\_\_\_\_\_  
Other: \_\_\_\_\_

Are you being treated now?      Yes      No  
Type of treatment: \_\_\_\_\_  
Date of most recent treatment: \_\_\_\_\_

Do you have any **Site Restrictions** due to (please indicate location on body):

- |   |  |
|---|--|
| <input type="checkbox"/> incisions              | <input type="checkbox"/> tumor site                                  |
| <input type="checkbox"/> open wounds            | <input type="checkbox"/> radiation site                              |
| <input type="checkbox"/> drains                 | <input type="checkbox"/> area of metastasis                          |
| <input type="checkbox"/> dressings              | <input type="checkbox"/> neuropathy/numbness                         |
| <input type="checkbox"/> skin sensitivity       | <input type="checkbox"/> fracture history                            |
| <input type="checkbox"/> rash or skin condition | <input type="checkbox"/> area of infection                           |
| <input type="checkbox"/> I.V, port              | <input type="checkbox"/> history or risk of blood clots or phlebitis |
| <input type="checkbox"/> ostomy                 | <input type="checkbox"/> other (please describe) _____               |
| <input type="checkbox"/> catheter               |  |
| <input type="checkbox"/> other device           |  |

# A Calmness Within

## Oncology Massage Supplemental Intake

Do you have any **Pressure Restrictions** due to:

- |  |  |
|--|--|
| <input type="checkbox"/> history or risk of lymphedema | <input type="checkbox"/> fragile veins           |
| <input type="checkbox"/> anticoagulants                | <input type="checkbox"/> area of pain or burning |
| <input type="checkbox"/> low platelet count            | <input type="checkbox"/> fatigue                 |
| <input type="checkbox"/> bone metastasis               | <input type="checkbox"/> recent surgery          |
| <input type="checkbox"/> steroid medication            | <input type="checkbox"/> infection               |
| <input type="checkbox"/> fragile/sensitive skin        | <input type="checkbox"/> other (please describe) |

Do you have any **Position Restriction** due to:

- |   |   |
|---|---|
| <input type="checkbox"/> incision             | <input type="checkbox"/> tender skin                        |
| <input type="checkbox"/> dizziness            | <input type="checkbox"/> area of swelling needing elevation |
| <input type="checkbox"/> ostomy               | <input type="checkbox"/> medical devices discomfort         |
| <input type="checkbox"/> tumor site           | <input type="checkbox"/> other: _____                       |
| <input type="checkbox"/> difficulty breathing |   |

Has cancer or its treatment affected any of the following:

- |   |                                       |                                       |
|---|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> lungs          | <input type="checkbox"/> heart        | <input type="checkbox"/> energy level |
| <input type="checkbox"/> liver          | <input type="checkbox"/> kidneys      |                                       |
| <input type="checkbox"/> nervous system | <input type="checkbox"/> blood counts |                                       |

Other medical conditions or concerns: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Why have you come for massage today? \_\_\_\_\_  
\_\_\_\_\_

Please indicate areas of discomfort on the diagram below. Feel free to make notes related to indications:

